

Certified Cervical & Temporomandibular Therapist (CCTT) - Continuing Education Unit (CEU) Policy – Category 1 & 2 Criteria

Purpose

Continuing Education Units (CEUs) are required for:

1. **Applicants** applying for the CCTT Examination.
2. **Certified CCTTs** maintaining active certification during each biennial reporting period.

CEU requirements ensure all CCTTs:

- Maintain advanced competency in **Craniofacial and Cervical Therapeutics**.
 - Stay current with evolving clinical evidence.
 - Enhance clinical skills, judgment, and ethical practice.
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Category 1: Criteria for the 100 CEUs (Application Requirement)

Purpose: Required for all applicants to sit for the CCTT Examination.

Timeframe:

- All 100 CEUs must be completed within **10 years** prior to the March 1 application deadline.
- Courses starting before March 1 but completed before the exam date of the same year may be counted.

Topic Requirements:

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- **Minimum 85 CEUs:** Must be specific to the specialty, including:
 - Cervical spine disorders
 - Temporomandibular disorders
 - Orofacial pain/dysfunction (including cervicogenic headache)
 - **Maximum 15 CEUs:** May come from related topics such as:
 - Concussion, dizziness, vestibular
 - Sleep disorders, facial palsy
 - Movement disorders of head & neck
 - Cancer-related dysfunction (head/neck)

Instructor Requirements:

- All instructors must be healthcare professionals with a **4-year degree** from an accredited university.

Documentation Required:

- Course syllabus, description, or handouts identifying approved topics and CEUs.
- Certificate of Attendance/Completion showing:
 - Participant's name
 - Course name
 - Date
 - Sponsor
 - Total CEUs awarded

Category 2: Criteria for the 30 CEUs (Biennial Maintenance Requirement)

Purpose: Required for all CCTTs to maintain active certification.

Timeframe:

- **30 CEUs** required every **2-year reporting period** (April 16 – April 15).
- Odd-year certifications: **15 CEUs** required for the first biennial period.

Topic Requirements:

- **Minimum 15 CEUs** must be in specialty-specific topics (e.g., TMD, cervical spine, headache disorders, orofacial pain, oral appliance therapy, relevant anatomy, etc.).

Additional CEUs (up to 15) may be earned from:

2A: CEU course, conference, home studies, etc

A minimum of 15 of the 30 CEUs must be specific to our area of specialty. Course content specific to our specialty includes,

- Temporomandibular Disorders
- Cervical Spine Disorders
- Cervicothoracic Spine Disorders
- Headache Disorders.
- Orofacial Pain Disorders
- Facial paralysis Disorders
- Vocal Disorders
- Swallow Disorders
- Vestibular Disorders
- Concussion Disorders
- Breathing Disorders
- Sleep Disorders
- Ear, Nose and Throat Disorders
- Oral Myofunctional / Oral Cavity Disorders
- Occlusal Disorders
- Oral Appliance Therapy
- Cancer of the Head/Neck
- Head, Neck, TMJ, Nasopharyngeal and Throat Anatomy
- Body / Mind Stress Reduction Therapy for the purpose of de-sensitization of pain related to head, neck and orofacial areas.
- Medication for the management of pain and biopsychosocial issues (anxiety and depression)

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- *All pre-conference and main conference lectures that were attended at the AAOP Scientific Conference.* (Certificate of Attendance is only required)
 - The instructor(s) of all courses must be a healthcare professional that has a 4-year degree from an accredited university
 - Each course submitted for approval must be accompanied by a Certificate of Attendance or a Certificate of Completion. The certificate must include the following:
 - participants name
 - course name
 - course date
 - course sponsor
 - total number of CEUs

Without a Certificate of attendance, all CEUs will be denied.

- Each course submitted must be accompanied by the following documentation:
Course syllabus, course description and/or course handouts.

If documentation is not provided, the course and CEUs may be denied.

Should 30 CEUs not be achieved in 2A, additional CEUs can be achieved in 2B, 2C and/or 2D

Category 2B: Professional Development

- Speaking at professional conferences
- Publishing peer-reviewed articles, textbooks, or multimedia
- Teaching new CEU-approved courses
- Serving as a panelist or exam item writer

Category 2C: Post-Certification College/University Coursework

- Accredited courses relevant to specialty
- Teaching at the college/university level (must meet specialty requirements)

Category 2D: Individualized Options

- Observation of medical/dental professionals or CCTTs (max 1 CEU/hour)

Instructor Requirements:

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- Observed or taught by a healthcare professional with a **4-year degree** from an accredited university.

Documentation Required:

- Same as Category 1: certificate + supporting syllabus or outline.
 - For professional development: letters of acknowledgment, publications, or transcripts as applicable.
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Committee Review & Approval

- All CEUs must be approved by the PTBCCT Application Review/CEU Committee.
 - Improper or missing documentation will result in denial until revisions are made.
 - A \$20 resubmission fee applies after the first required revision.
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Related Documents:

- Full Eligibility Requirements
- Non-Compliance & Reinstatement Policy